



**Vario Health Clinic is here to support you in achieving optimal outcomes for physical activity, whilst enhancing your well being.**

## Physiotherapy

If you are dealing with a chronic condition or have sustained an acute injury, our physiotherapist can diagnose and treat your pain and movement challenges. Treatments are designed to help you:

- **Repair damage**
- **Reduce stiffness**
- **Increase mobility**
- **Develop strategies for preventing future injuries**

## Krunali Patel

Krunali holds a Bachelors Degree in Physiotherapy and a Masters in Exercise Rehabilitation. She also completed a fellowship program in traumatic injuries rehabilitation, cardio-pulmonary physiotherapy in emergency departments, ICU and post surgical orthopaedic units.

Krunali is experienced in musculoskeletal condition treatments ranging from cervicogenic headaches, lower back pain, frozen shoulder, muscle tears, ligament injuries and knee pain. She is skilled in manual therapy with additional certified training in dry needling, taping and neural release techniques.



### Location

ECU Joondalup, Building 21  
270 Joondalup Dr, Joondalup WA 6027

### Contact

PH: 08 6304 3444

E: [variohealthclinic@ecu.edu.au](mailto:variohealthclinic@ecu.edu.au)

For more information please  
visit [exercisemedicine.org.au](http://exercisemedicine.org.au)

