



Dietitian Services

Dr Analise Nicholl

Dr Analise helps clients explore how their diet and health are related. She works with a range of metabolic conditions that can affect heart, liver, bone health, blood sugar balance, kidney health and gut health - including how food intolerances can affect the gut-brain axis.

Dr Analise's qualifications include both an undergraduate and a postgraduate degree in Chemistry, and a master's degree in Nutrition & Dietetics. Her PhD explored the health implications of reducing dairy fat intake in young children.

Dr Analise has a passion for sharing recipes, new cuisines and places to eat, she looks forward to discussing many new exciting options with you.

How to access our service

Book your appointment

Contact the Vario Health Clinic to book an appointment. Appointments are available Wednesday & Fridays.

Get a referral

Make an appointment with your GP to request a Chronic Disease Management (CDM) plan. If you do not have a CDM plan, you can still access our services as a private patient.

Fees and Charges

Medicare rebates may apply with a referral as part of a CDM plan. Private health insurance may apply depending on individual cover.



Location

ECU Joondalup, Building 21
270 Joondalup Dr, Joondalup WA 6027

Contact

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For more information please visit exercisemedicine.org.au

